Are You Worried About Increased Gender Based Violence During COVID-19? Help is Available!

Anti-violence support workers across BC are still available to provide emotional support, safety planning and help accessing other services and supports.

**How to Get Help**

Victim Link BC is a toll-free, confidential, multilingual telephone information and referral service for victims/survivors of sexual assault, domestic violence, child abuse and other crimes.

Available 24 hours a day, 7 days a week.
Call 1-800-563-0808
Email VictimLinkBC@bc211.ca
Website www.victimlinkbc.ca

**For Information About Family Law and Other Legal Issues**

Legal Aid BC Call Centre
Call 604-408-2172 (Greater Vancouver) or 1-866-577-2525 (elsewhere in BC)
Website www.legalaid.bc.ca

**For Information About Child Protection**

Call 1-800-663-9122 if you think a child or youth (under 19 years of age) is being abused or neglected.

Call 9-1-1 immediately if someone is in danger